



Your child's weight today _____ lbs. _____ kg.

Medications and Dosages to Reduce Pain and Fever

Important notes:

1. Ask your health care provider or pharmacist which formulation is best for your child.
2. Give dose based on your child's weight. If you don't know the weight, give dose based on your child's age. Do not give more medication than recommended.
3. If you have questions about dosing or any other concern, call your clinic or health care provider.
4. Always use a proper measuring device. For example:
 - When giving infant drops, use only the dosing device (dropper or syringe) enclosed in the package.
 - When giving children's suspension or liquid, use the dosage cup enclosed in the package. If you misplace the dosage cup, consult your health care provider or pharmacist for advice. (Kitchen spoons are not accurate measures.)
5. **WARNING:** If you're also giving your child over-the-counter (OTC) medications such as cold preparations, be aware that these may contain pain or fever reducers such as acetaminophen or ibuprofen. Be sure to read all OTC medication labels carefully to ensure your child is not receiving more acetaminophen or ibuprofen than recommended.

Acetaminophen Dosing Information (Tylenol or another brand) Used for Fever and Pain

Give every 4-6 hours, as needed, no more than 5 times in 24 hours (unless directed to do otherwise by your health care provider.)

Weight of child	Age of child	Infant Drops 0.8 ml = 80 mg	Children's liquid or suspension 1 tsp (5ml) = 160 mg	Children's Tablets 1 tablet = 80 mg	Junior Strength 1 tablet = 160mg	Adult tablets 1 tablet = 325mg or 500mg
6-11 lbs. (2.7-5 kg)	0-3 mos	.4 ml				
12-17 lbs. (5.5-7.7kg)	4-11 mos.	.8 ml				
18-23 lbs. (8.2-10.5 kg)	12-23 mos.	1.2 ml				
24-35 lbs. (10.9-15.9 kg)	2-3 Yrs.	1.6 ml	1 tsp. (160 mg)	2 tablets		
36-47 lbs. (16.4-21.4kg)	4-5 Yrs.		1 ½ tsp. (240 mg)	3 tablets		
48-59 lbs. (21.8-26.8kg)	6-8 Yrs.		2 tsp. (320 mg)	4 tablets	2 tablets	
60-71 lbs. (27.3-32.3 kg)	9-10 Yrs.		2 ½ tsp. (400 mg)	5 tablets	2 ½ tablets	
72-95 lbs. (32.7-43.2 kg)	11 Yrs.		3 tsp. (480 mg)	6 tablets	3 tablets	
95-110 lbs (43.3 -50 kg)	12-13 Yrs.					2 tablets (325 mg)
110lbs + (over 50 kg)	14 + Yrs.					2 tablets (500 mg)

Ibuprofen Dosing Information (Advil, Motrin or another brand) Used for Fever and inflammation

Give every 6-8 hours, as needed, no more than 4 times in 24 hours (unless directed to do otherwise by your health care provider).

Weight of child	Age of child	Infant Drops 1.25 ml = 50 mg	Children's liquid or suspension 1 tsp 1 tsp (5ml) = 100 mg	Children's Tablets 1 tablet = 50mg	Junior Strength 1 tablet = 100mg	Adult tablets 1 tablet = 200mg
6-11 lbs. (2.7-5 kg)	Under 6 months	Advised Dose:				
12-17 lbs. (5.5-7.7kg)	6-11 months	1.25 ml	½ tsp. (50mg)			
18-23 lbs. (8.2-10.5 kg)	12-23 mos.	1.875 ml	¾ tsp. (75mg)			
24-35 lbs. (10.9-15.9 kg)	2-3 Yrs.		1 tsp. (100 mg)	2 tablets		
36-47 lbs. (16.4-21.4kg)	4-5 Yrs.		1 ½ tsp. (150 mg)	3 tablets		
48-59 lbs. (21.8-26.8kg)	6-8 Yrs.		2 tsp. (200 mg)	4 tablets	2 tablets	
60-71 lbs. (27.3-32.3 kg)	9-10 Yrs.		2 ½ tsp. (250 mg)	5 tablets	2 ½ tablets	
72-95 lbs. (32.7-43.2 kg)	11 Yrs.		3 tsp. (300 mg)	6 tablets	3 tablets	
95-110 lbs (43.3 – 50 kg)	12-13 Yrs.		4 tsp. (400 mg)			2 tablets
110lbs + (over 50 kg)	14 + Yrs.					2 – 4 tablets

Benadryl Dosing Information Diphenhydramine HCL Used for hives and cough

Give every 4-6 hours, as needed, no more than 5 times in 24 hours (unless directed to do otherwise by your health care provider).

Weight of child	Age of child	Benadryl Liquid or Suspension 1 tsp. (5 ml) = 12.5 mg	Benadryl Chewable Tablets 1 tab = 12.5 mg	Benadryl Oral Dissolvable Strips 1 strip = 12.5 mg	Benadryl Capsules 1 Cap = 25 mg (Can be opened and sprinkled on Applesauce)
12-17 lbs. (5.5-7.7kg)	6-11 months	½ tsp or (5.7 mg)			
18-23 lbs. (8.2-10.5 kg)	12-23 mos.	¾ tsp or (9.4 mg)			
24-35 lbs. (10.9-15.9 kg)	2-3 Yrs.	1 tsp. or (12.5 mg)	1 tablet	1 strip	
36-47 lbs. (16.4-21.4kg)	4-5 Yrs.	1 ½ tsp. or (18.7 mg)	1 ½ tablets	1 ½ strips	
48-59 lbs. (21.8-26.8kg)	6-8 Yrs.	2 tsp. or (25 mg)	2 tablets	2 strips	1 Capsule
60-71 lbs. (27.3-32.3 kg)	9-10 Yrs.	2 ½ tsp. or (31 mg)	2 ½ tablets	2 ½ strips	1 Capsule
72-95 lbs. (32.7-43.2 kg)	11 Yrs.	3 tsp. or (37.5 mg)	3 tablets	3 strips	1 ½ Capsules
95-110 lbs (43.3 – 50 kg)	12-13 Yrs.	3 ½ tsp. or (43.7 mg)	3 ½ tablets	3 ½ strips	1 1/2 Capsules
110lbs + (over 50 kg)	14 + Yrs.	4 tsp. or (50 mg)	4 tablets	4 strips	2 Capsules